



**SWISS BOARDING SCHOOLS  
DISENTIS & ZURICH**

Mountain and City Campus

# HOLIDAY CAMPS

## SUMMER 2025

Pristine mountains or vibrant city life? Why choose when you can have both? Our summer camps combine the best of both worlds in Switzerland.

### WHAT MAKES OUR CAMPS STAND OUT

- ▶ Experience the best of Switzerland: mountain life in the pristine nature of the Swiss Alps and bustling city life in Winterthur/Zurich
- ▶ Well-balanced combination of sports, culture, sciences and learning languages
- ▶ Small by design: we offer limited spaces to ensure that all participants get the experience of a lifetime in our camps

### AT A GLANCE

<b>DATES</b>	<b>CAMP 1</b>	13.07. – 26.07.2025
	<b>CAMP 2</b>	20.07. – 02.08.2025

<b>DURATION</b>	14 days: 7 days in our Mountain Campus 7 days in our City Campus
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<b>FEE*</b>	CHF 3'990
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<b>AGES</b>	13 – 15
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<b>PROGRAMME</b>	Combination of <ul style="list-style-type: none"> <li>▶ improving language skills in German or English</li> <li>▶ various sports activities (outdoor and indoor)</li> <li>▶ cultural activities</li> <li>▶ discovering sciences outside of the classroom</li> <li>▶ fun in a small group of international students</li> </ul>
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\*Fees are all-inclusive: 40 lessons of language training in small groups, afternoon and evening activities, 24/7 pastoral care, learning material, room and board, group transfer service from Zurich Airport to Disentis, from Disentis to Winterthur/Zurich and from Winterthur/Zurich to Zurich Airport, language skills certificate.

THE  
CHOICE  
IS YOURS

# SUMMER PROGRAMME

7.30 – 8.15  
BREAKFAST



8.30 – 11.45  
LANGUAGE CLASSES

Improve your English or German in a fun, interactive way.



12.00 – 13.15  
LUNCH



13.30 – 17.00  
**MOUNTAIN CAMPUS**  
ACTIVE EXPLORATION  
OF THE MOUNTAIN  
WORLD

Each day a new fun activity. Sports such as mountain climbing, hiking, football, rope park, beach volleyball or mountain biking. Visit the local museum and learn about the 1'400-year-old monastery and its huge organ.



13.30 – 17.00  
**CITY CAMPUS**  
SPORTS AND FUN, CULTURE  
AND SCIENCES

Explore Winterthur/Zurich and its surrounding: picturesque old towns and villages and the Rhine falls, Europe's largest waterfalls. Play sports outdoors and in a state-of-the-art indoor sports facility: football, paddle tennis, soft ball, skills court and much more. Learn about science by visiting Albert Einstein's alma mater ETH and Switzerland's largest science museum Technorama and find out about the secrets behind Swiss chocolate.



18.30 – 19.30  
DINNER



17.30 – 18.15  
SUPERVISED STUDY TIME

Work individually on your language skills.

20.00 – 21.30  
BALMY SUMMER NIGHTS

More sports but also quieter activities such as movie nights, board and card games and much more.

22.00  
BEDTIME

## Please note

- ▶ Activity programme may be subject to change
- ▶ Both camps 1 & 2 start in Disentis with transfer to Winterthur/Zurich after the first week.